



BALBOA YACHT CLUB

JUNIOR SUMMER SAILING PROGRAM

Program Dates: June 26 – August 3, 2017

Thank you for your interest in the BYC Junior Summer Sailing Program. We look forward to a FUN and SAFE summer on the water with your sailors. This brochure outlines the programs offered at the Balboa Yacht Club. We look forward to getting on the water with your sailor. There is no better way to spend your summer by sailing on the beautiful waters of Newport Beach! All students will be expected to take a swim test on the first day of the program. Finally, **all students must wear a Coast Guard approved personal flotation device (PFD or lifejacket) at all times.**



It is the mission of the Balboa Yacht Club sailing department to promote fair and safe sailing, instill a life-long love of our sport, and above all, to keep it fun. Please register online at www.balboayachtclub.com prior to the May 15th deadline. There is limited space available in each class, so make sure to register early. Class fees cannot be prorated and no refunds will be offered after June 15. Please contact the Junior Sailing Director Adrienne Patterson via email juniors@balboayachtclub.com or call 949.673.3515 ext. 138 with any questions!

SMOOTH SAILING!





Sea Urchins

6-7 years old

This class is designed to introduce young children to sailing through fun and play. Students will sail in a 20-foot Harbor 20 sailboat, CFJ, and other boats with other children in their class and their instructor. The class is a fun introduction to sailing with the goal of having students become comfortable in small boats. This class will consist of sailing on the water, sailing arts and crafts, and sailing land games. Specific skills covered in this class are basic concepts of finding the wind direction, points of sail, steering, water safety, and seamanship.

We will allow 5 year olds to participate given specific criteria. If you are interested, please contact Adrienne directly (juniors@balboayachtclub.com).

SCHEDULE: MON-THURS 9 AM-12 PM

Session 1: June 26-July 13

Session 2: July 17-August 3

MEMBER COST: \$550

NON-MEMBER COST: \$650



Beginner Sabots

8-10 years old

SCHEDULE: MON-THURS 9 AM -12 PM

MEMBER COST: \$850

NON-MEMBER COST: \$1050



Youths with little to no previous sailing experience learn to sail a Sabot. This class is designed to give the sailor a strong fundamental base of sailing skills such as rigging, points of sail, basic boat handling, water safety, and seamanship. The overall goal is to help the sailor get comfortable sailing solo in varying conditions and becoming proficient sailing the Sabot. As the sailor gains more confidence sailing the Sabot they will advance through the group until they are ready to move up to the Intermediate Sabot class. This class maybe broken into two groups. No previous sailing experience is required!

*Sailors must own their own boat. Contact Adrienne directly (juniors@balboayachtclub.com) if you need assistance finding a Sabot to purchase.

Intermediate Sabots

8-12 years old

Intermediate Sabots are for those sailors that have successfully completed Beginner Sabots or equivalent. In this class, the sailors will be introduced to the basics of sailboat racing. Specific skills include upwind sailing, general sail trim on all points of sail, and the basic concepts of boat speed. This class prepares sailors to move up to our Sabot Race team.

*Sailors must own their own Sabot.

SCHEDULE: MON-THURS 9 AM-12 PM

MEMBER COST: \$850

NON-MEMBER COST: \$1050



Sabot C2 & C3

9-12 years old

This class is for sailors who want to move forward in the racing scene and want to build on the racing knowledge they have acquired thus far. Sailors will learn more about the racing rules, racing tactics and strategy, and an empathizes on advanced boat handling. This class is designed to help sailors become avid and enthusiastic racers. Sailors will attend weekly Balboa Bay Fleet races as well as optional weekend regattas. The end goal is to compete at the Sabot National Championship at the end of the summer.

Prerequisite- Completion of Intermediate Sabots or equivalent. Juniors who are comfortable with their sailing skills and have a desire to start racing will enjoy this class.

SCHEDULE: MON-THURS 1 PM -4:30 PM

MEMBER COST: \$950

NON-MEMBER COST: \$1150



Sabot Race A, B, C1 ★

9-16 years old

SCHEDULE: MON-THURS 10 AM-4:30 PM

MEMBER COST: \$1050

NON-MEMBER COST: \$1200



The Sabot Race team (Sabot C1, B, A) is the most advanced program for youth sailors. The main emphasis of this racing team is to further develop the sailor's understanding of the intricacies of rigging and tuning, controls of the boat, using body weight with sail trim to optimize boat speed, starting, and mastering of the Racing Rules of Sailing. Sportsmanship, teamwork, and work ethic are the key component to the Sabot Race Team.

Sailors will attend weekly Balboa Bay Fleet races in addition to weekend regattas. All sailors are expected to compete at the Sabot National Championship at the end of the summer program.

Beginner CFJ

11-16 years old

This class is for older sailors who are learning how to sail sailors or who have outgrown the Sabot in either Intermediate Sabots or Sabot Race. This class uses the Club FJ, a 14-foot boat sailed by a two-person team. Beginner CFJ focuses on boat handling, including roll tacking, acceleration, spinnaker basics, and general sail trim on all points of sail. Sailors will be introduced to the basic concepts of racing, but the primary focus will be to establish the fundamentals of boat handling.

*BYC provides the CFJ boats.

SCHEDULE: MON-THURS 9 AM-12 PM

MEMBER COST: \$1000

NON-MEMBER COST: \$1250



CFJ Race ★

12-18 years old

This class is for dedicated racers who want to take their CFJ sailing to the next level. They will be expected to compete in several regattas throughout the summer. Racers will learn advanced sailing techniques pertaining to the CFJ along with the specifics of tuning and setting up their boat for maximum performance. Those interested must have sailed for one year before joining the program.

*BYC provides the CFJ boats

SCHEDULE: MON-THURS 1 PM-4:30 PM

MEMBER COST: \$1050

NON-MEMBER COST: \$1250

MATCH RACING ★

12-18 years old

Racers will learn basic Match Racing skills in the Harbor 20 boats. **Friday Dates: June 30, July 7, and July 28**

SCHEDULE: Friday's 1 PM – 4:30 PM

MEMBER COST: \$300

NON-MEMBER: \$450

Junior Program Overview and Regatta Schedule

Summer Program Dates: June 26- August 3 ~ Weekly Program Days: Monday - Thursday

Morning Classes: 9 AM – 12 PM

Sea Urchins (ages 6-7)

Beginner Sabots (ages 8-10)

Intermediate Sabots (ages 8-12)

Beginner CFJ (ages 11-16)

Afternoon Classes: 1 PM – 4:30 PM

Sabot C2 & C3 (ages 9-12)

*Sabot C1, B, A (ages 9-16) 10 am – 4:30 pm

CFJ Race (ages 12-16)

*Match Racing (ages 12-18) *3 practices

Club 420 Race Team (ages 13- 18)



Balboa Bay Fleet / INSA

All racers (Sabot C3- Sabot A & CFJ) will be required to register with the Balboa Bay Fleet. Summer dues are \$10. Must register by June 20th on the Balboa Bay Fleet website.

Sailors must also be members of INSA.

Awards Banquet

The Awards Banquet for the end of the summer will be on August 6th at 6:00pm. Tickets are available for purchase with your online registration.



In order to secure registration for the 2017 BYC Junior Summer Sailing Program the following must be completed:

- Online program registration and payment
- Wavier of Liability Form
- Personal Health and Medical Information Form (including Parent/Guardian Emergency Treatment Authorization)
- BYC Disciplinary Procedure Form

These documents (which require original signatures) may be downloaded from our website, www.balboayachtclub.com (under Youth Sailing, Junior Programs) and should be mailed or emailed (juniors@balboayachtclub.com) to the BYC Sailing Office in order to complete your program registration.

Please contact the Junior Sailing Director, Adrienne Patterson, via email juniors@balboayachtclub.com or call 949.673.3515 ext. 138 with any questions.



Important Dates & Regatta Schedule (regatta fees not included in program costs)

Important Dates

May 15: Summer Program early reg.
By Appointment: Rigging Day @ BYC 10 am
June 20: Parent and Sailor Orientation
April 30: INSA membership deadline
June 26: Start of Summer Program
June 28: 12:30 pm- PICTURE DAY
July 3 & 4: No class
July 7: Make Up class
August 3: End of Summer Program
August 6: AWARDS BANQUET @ 6 pm
Aug 7-10: SABOT NATIONALS @ MBYC



Regatta Schedule

Summer Gold Cup July 8-9 @ NHYC
All Girls Regatta July 14 @ LIYC
Junior Olympics July 14-16 @ SDYC
Mid-Summer Regatta July 22-23 @ LIYC
Governors Cup July 17-22 @ BYC
CFJ Nationals July 27-30 @ Coronado
Sabot Nationals August 7-10 @ MBYC