



# BALBOA YACHT CLUB

## JUNIOR SUMMER SAILING PROGRAM

**Program Dates: June 24 – August 1, 2019**

Thank you for your interest in the BYC Junior Summer Sailing Program.

We look forward to a FUN and SAFE summer on the water with your sailors.

This brochure outlines the programs offered at the Balboa Yacht Club.

There is no better way to spend your summer by sailing on the beautiful waters of Newport Beach! **All students must wear a Coast Guard approved personal flotation device (PFD or lifejacket) at all times.**



It is the mission of the Balboa Yacht Club sailing department

to promote fair and safe sailing, instill a life-long love of our sport, and

above all, to keep it fun. Please register online at [www.balboayachtclub.com](http://www.balboayachtclub.com)

prior to the April 25 deadline. There is limited space available in each class, so

make sure to register early. Class fees cannot be prorated, and no refunds will be offered after June 15.

Please contact the Junior Sailing Director, Adrienne Patterson, via email [juniors@balboayachtclub.com](mailto:juniors@balboayachtclub.com) or call 949.673.3515 ext. 138 with any questions!

**SMOOTH SAILING!**



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# SABOT SAILING CLASSES

## Beginner Sabots

8-10 years old

**SCHEDULE: MON-THURS 9 AM -12 PM**

**MEMBER COST: \$750**

**NON-MEMBER COST: \$950**



Youths with little to no previous sailing experience learn to sail a Sabot. This class is designed to give the sailor a strong fundamental base of sailing skills such as rigging, points of sail, basic boat handling, water safety, and seamanship. The overall goal is to help the sailor get comfortable sailing solo in varying conditions and becoming proficient sailing the Sabot. As the sailor gains more confidence sailing the Sabot they will advance through the group until they are ready to move up to the Intermediate Sabot class.

\*Sailors must own their own boat. Contact Adrienne

([juniors@balboayachtclub.com](mailto:juniors@balboayachtclub.com)) if you need assistance finding a Sabot to purchase.

## Intermediate Sabots

8-12 years old

Intermediate Sabots are for those sailors that have successfully completed Beginner Sabots or equivalent. In this class, the sailors will be introduced to the basics of sailboat racing. Specific skills include upwind sailing, general sail trim on all points of sail, and the basic concepts of boat speed. This class prepares sailors to move up to our Sabot Race team.

\*Sailors must own their own Sabot.

**SCHEDULE: MON-THURS 9 AM-12 PM**

**MEMBER COST: \$750**

**NON-MEMBER COST: \$950**



## Sabot C3 Race Team

9-12 years old

This class is for sailors who want to move forward in the racing scene and want to build on the racing knowledge they have acquired thus far. Sailors will learn more about the racing rules, racing tactics and strategy, and an emphasis on advanced boat handling. This class is designed to help sailors become avid and enthusiastic racers. Sailors will attend weekly Balboa Bay Fleet races as well as optional weekend regattas.  
*Prerequisite-* Completion of Intermediate Sabots or equivalent.

**SCHEDULE: MON-THURS 1 PM -4:30 PM**

**MEMBER COST: \$850**

**NON-MEMBER COST: \$1050**



## Sabot Race A, B, C1, C2 ★

9-16 years old

**SCHEDULE: MON-THURS 10 AM-4:30 PM**

**MEMBER COST: \$950**

**NON-MEMBER COST: \$1150**



The Sabot Race team (Sabot C2, C1, B, A) is the most advanced Sabot program for youth sailors. The main emphasis of this racing team is to further develop the sailor's understanding of the intricacies of rigging and tuning, controls of the boat, using body weight with sail trim to optimize boat speed, starting, and mastering of the Racing Rules of Sailing. Sportsmanship, teamwork, and work ethic are the key component to the Sabot Race Team. Sailors will team race.

Sailors will attend weekly Balboa Bay Fleet races in addition to weekend regattas. All sailors are expected to compete at the Sabot National Championship at the end of the summer program.

## DOUBLE-HANDED & GROUP SAILING CLASSES

### Sea Urchins ★ 6-7 years old

This class is designed to introduce young children to sailing through fun and play. Students will sail in a 20-foot Harbor 20 sailboat, CFJ, and other boats with other children in their class and their instructor. The class is a fun introduction to sailing with the goal of having students become comfortable in small boats. This class will consist of sailing on the water, sailing arts and crafts, and sailing land games. Specific skills covered in this class are basic concepts of finding the wind direction, points of sail, steering, water safety, and seamanship.

We will allow 5-year olds to participate given specific criteria. If you are interested, please contact Adrienne directly ([juniors@balboayachtclub.com](mailto:juniors@balboayachtclub.com)).

**SCHEDULE: MON-THURS 9 AM-12 PM**

**Session 1: June 24-July 11**

**Session 2: July 15-August 1**

**MEMBER COST: \$450**

**NON-MEMBER COST: \$550**



### Beginner CFJ ★ 11-17 years old

This class is for older sailors who are learning how to sail or who have outgrown the Sabot in either Intermediate Sabots or Sabot Race. This class uses the Club FJ, a 14-foot boat sailed by a two-person team. Beginner CFJ focuses on boat handling, including roll tacking, acceleration, spinnaker basics, and general sail trim on all points of sail. Sailors will be introduced to the basic concepts of racing, but the primary focus will be to establish the fundamentals of boat handling.

\*BYC provides the CFJ boats.

**SCHEDULE: MON-THURS 9 AM-12 PM**

**MEMBER COST: \$900**

**NON-MEMBER COST: \$1100**



### CFJ Race ★ 12-17 years old

This class is for dedicated racers who want to take their CFJ sailing to the next level. They will be expected to compete in several regattas throughout the summer. Racers will learn advanced sailing techniques pertaining to the CFJ along with the specifics of tuning and setting up their boat for maximum performance. Those interested must have sailed for one year before joining the program.

\*BYC provides the CFJ boats

\*Must have a minimum of 6 sailors enrolled to hold the class

**SCHEDULE: MON-THURS 1 PM-4:30 PM**

**MEMBER COST: \$1050**

**NON-MEMBER COST: \$1250**

### Waterman Adventures ★ 12-17 years old

**SCHEDULE: MON-THURS 1 PM-4:00 PM**

**MEMBER BI-WEEKLY COST: \$400**

**NON-MEMBER BI-WEEKLY COST: \$500**

**Session 1: June 24-July 3 (no class July 4)**

**Session 2: July 8-July 18**

**Session 3: July 22-August 1**

Not everyone likes sailing alone or has a strong desire to race, so the Waterman Sailing Adventure class offers the perfect solution in that case. The focus of this class is to have the most fun possible while encouraging sportsmanship on the water. The class will participate in destination sails around the bay, learn about navigation, get exercise paddle boarding, kayaking, knot tying, and basic practice seamanship skills. There is no racing component to this class.

\*BYC provides the Harbor 20 boats, CFJs, Paddle Boards, and Kayaks

\*Must have a minimum of 6 sailors enrolled to hold the class

# Club 420 Race Team ★ 13-17 years old

**SCHEDULE: MON-THURS 12:30 PM-4:30 PM**

**MEMBER COST: \$1200**

**NON-MEMBER COST: \$1300**



This class is designed for those dedicated sailors who have had previous sailing experience in the Club 420 and have desire to race in regional and national regattas.

\*BYC provides the Club 420 boats

## Summer Sailing Program - Parent Checklist

In order to secure registration for the 2019 BYC Junior Summer Sailing Program the following must be completed:

- (a) Online program registration and payment
- (b) Wavier of Liability Form
- (c) Personal Health and Medical Information Form (including Parent/Guardian Emergency Treatment Authorization)
- (d) BYC Disciplinary Procedure Form
- (e) Parent of the Day- mandatory to volunteer for 1 time slot this summer.

These documents (which require original signatures) may be downloaded from our website, [www.balboayachtclub.com/junior-programs](http://www.balboayachtclub.com/junior-programs), and should be mailed or emailed ([juniors@balboayachtclub.com](mailto:juniors@balboayachtclub.com)) to the BYC Sailing Office in order to complete your program registration. Please contact the Junior Sailing Director, Adrienne Patterson, via email [juniors@balboayachtclub.com](mailto:juniors@balboayachtclub.com) or call 949.673.3515 ext. 138 with any questions.



# Junior Program Overview

**Summer Program Dates: June 24- August 1 ~ Weekly Program Days: Monday - Thursday**

**Morning Classes: 9 AM – 12 PM**

**Sea Urchins** (*ages 6-7*)

**Beginner Sabots** (*ages 8-10*)

**Intermediate Sabots** (*ages 8-12*)

**Beginner CFJ** (*ages 11-17*)

**Afternoon Classes: 1 PM – 4:30 PM**

**Sabot C3** (*ages 9-12*)

**\*Sabot C2, C1, B, A** (*ages 9-16*) 10 am – 4:30 pm

**CFJ Race** (*ages 12-17*)

**\*Club 420 Race Team** (*ages 13-17*) 12:30 – 4:30 pm

**\*Waterman Adventures** (*ages 12-17*) 1 – 4 pm

## **IMPORTANT NOTES**

### **Parent Orientation - Wednesday, June 12**

**6:00 pm - 6:45 pm: Sea Urchins, Beginner/Intermediate Sabots, Beginner CFJ, Waterman Adventures**

**7:00 pm - 7:30 pm: Sabot Racers (C3- Sabot As), CFJ Race Team, Club 420 Race Team**

This orientation is mandatory; at least one parent is required to attend. The purpose of this meeting is to learn more about the program, proper sailing clothing, review the checklist, and learn more about the summer coaches.

### **Sabot Rigging Day - Saturday, June 15 | 10 am to 2 pm**

Mandatory for all beginner, intermediate, and Sabot C3 sailors. After your boat gets checked off by a BYC coach, you can store your sabot in the assigned storage rack spot.

### **Swim Test - Monday, June 24**

All summer program participants are required to take and pass a swim test on the first day of the summer program. The swim test will take place in the inside of the main dock both with and without the lifejacket. Please pack a towel and a change of clothes for your sailor on the first day of the program.

### **Awards Banquet - Friday, August 2 at 6 pm**

All sailors and families are encouraged to attend the Awards Banquet on August 1 at 6:00pm. Adult tickets will be available for purchase in July.

### **Class Associations**

All racing sailors (Sabot C3- Sabot A, Club 420, CFJ) are required to become members of their class association.

### **Junior Guards Shuttle**

There will be a shuttle available for those sailors that participate in Junior Guards. BYC will shuttle sailors to and from the public dock on the peninsula. Waiver required with a \$25 fee.

### **Sabot Boat Storage**

To lease a boat storage space, you must request one on the online registration form. Special boat storage fee - \$60 for June 15 - August 10. If you want to arrange to bring your sabot down before June 15 or leave it after August 10, you must contact Dockmaster Scott McKeiver at [scott@balboayachtclub.com](mailto:scott@balboayachtclub.com).

### **Lockers**

Limited lockers will be available due to construction. Members get priority. Request a locker on summer program online registration form.

### **Lunch**

Snack bar will be open to both members and non-members. Members can charge to their member account and non-members can pay with cash. Food can be purchased before or after class. There will be no BYC staff supervision.

### **Parent of the Day**

Parent of the Day provides an essential function necessary for the success of our program. It also gives you a unique opportunity to observe your sailor during their day at the Club. Parents are asked to be POD at BYC at least once during this summer. You will be responsible for enforcing the Rules & Regulations. If any child is injured, you will be responsible for contacting the Junior Sailing Director.